

WEIGHTS AND MEASURES

MEASURES

ENGLISH

1 inch

1 foot

.0394 inch

.3937 inch

3.2808 feet

METRIC

2.54 centimeters

25.4 millimeters

.3048 meter

30.48 centimeters

1 millimeter

1 centimeter

1 meter

WEIGHTS

AVOIRDUPOIS

1 grain

1 ounce

.0353 ounce (oz)

METRIC

.0648 gram (g)

28.3495 grams (g)

1 gram (g)

CONVERSION FORMULAS

Inches to Centimeters	_____	inches x 2.54
Feet to Meters	_____	feet x .3048
Centimeters to Inches	_____	centimeters x .3937
Meters to Feet	_____	meters x 3.2808
Grains to Grams	_____	grains x .0648
Ounces to Grams	_____	ounces x 28.3495
Grams to Grains	_____	grams x 15.44
Grams to Ounces	_____	grams x .0353

PLUG WEIGHTS (+/- 9 grains)

1/4oz. (7.5g)	=	100.375 to 118.375gr.
3/8oz.	=	165.063 to 173.063gr.
5/8oz. (18g)	=	264.343 to 282.343gr.